

# CSRI Support National Chiropractic Health Month's



News-Press Release

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## Summary

RI Chiropractors Support National Chiropractic Health Month's "Chiropractic: On The Frontline for Pain" Theme

## Message

Providence, RI, October 05, 2022 -- Each year, the American Chiropractic Association (ACA) recognizes October as National Chiropractic Month (NCHM). The doctors of the Chiropractic Society of Rhode Island (CSRI), one of the oldest chiropractic associations in the country, recently announced their support of the theme for this year's NCHM "Chiropractic: On the Frontline for Pain." The campaign looks to raise awareness of chiropractic as a non-drug alternative for pain management, reducing or eliminating the need for prescription opioids. "Prescription opioid pain medications and surgery should be considered a last resort for pain management in respect to chronic ailments such as low back pain, neck pain and other common musculoskeletal conditions," said Kristin Fabris Kolesar, president of the Chiropractic Society of Rhode Island and a chiropractic physician at Be Well Chiropractic in Providence, RI. "During National Chiropractic Health Month 2022, CSRI members will provide information on steps to take toward muscle and joint health, low back pain prevention, better posture, and improved balance without prescription opioids." According to a 2019 study "Corcoran et al. Association Between Chiropractic Use and Opioid Report Among Patients with Spinal Pain, A Systematic Review and Meta-analysis, Pain Medicine, 2019--chiropractic users had 64 percent lower odds of receiving an opioid prescription than non-users." Another study "Azad T, Vail D. Bentley J, et al, Initial Provider Specialty is Associated with Long-Term Opiate Use in Patients with Newly Diagnosed Low Back Pain and Lower Extremity Pain. Spine (Philadelphia, PA)--found that those who saw a chiropractor first for low back pain decreased the odds by 90 percent. "The very nature of chiropractic is to provide care that helps people improve musculoskeletal health and relieve low back pain naturally," said Dr. Fabris Kolesar. "We applaud the ACA for the putting the focus on musculoskeletal health without the use of prescription opioids during this annual, month-long celebration of chiropractic health." Adds Dr. Fabris Kolesar, "If you are currently not receiving chiropractic treatments, we encourage you to stop in to see your local chiropractor to learn more about how chiropractic can improve your musculoskeletal health." All natural and without prescription medications, chiropractic has been found to be beneficial for numerous conditions above and beyond neck and back pain. Some of those include: headaches, asthma, osteoporosis, osteoarthritis, carpal tunnel, colic, and stress, just to name a few. For a complete list of conditions that can be improved with chiropractic and to find a local Rhode Island chiropractor, visit <http://www.richiro.org>. For information about National Chiropractic Month, visit [www.acatoday.org](http://www.acatoday.org)

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## Tag Cloud

[chiropractic pain management pain prevention](#)

## Categories

[Investment](#)

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