

Corporate Detox Provides Energy Reset from Cubicle to Corner Office

News-Press Release

Plymouth, Massachusetts (Newsbox) 28-Oct-2026

<https://prsafe.com/release/17438/>

Summary

The day-to-day grind can take its toll. Relationships suffer, health is spotty, sleep is interrupted. Something is off and has to change.

Message

Basking Ridge, NJ, Oct 27, 2026 -- The day-to-day grind can take its toll. Relationships suffer, health is spotty, sleep is interrupted. Something is off and has to change. The new "Corporate Detox" program is a private mentorship for women who are ready to break up with the corporate conditioning that's taught them to override themselves. Kristy Cerullo, MBA, the founder of Dark Moon Energy Work, developed and leads the program. She helps give a voice to the energies that keep women stuck, cause physical pain, or prevent healthy relationships so that they can move past them and lead more fulfilled lives. Corporate Detox helps untangle the complicated dynamic between women's bodies and their work lives which seem to often be at odds with each other. Many women have been rewarded for rooting themselves in corporate patterns around productivity, but their body is telling them something has to change. Some have already left corporate, but realize they brought the same patterns with them. Or maybe they want something different but can't yet imagine how to make it financially or practically possible. "I help women understand how their energy is actually operating in their day-to-day life so they can work in the flow of it, instead of pushing through," explained Cerullo. "Women find me when they're really ready to understand and shift the energetic patterns behind burnout, anxiety, and over-giving so daily life feels sustainable again." Cerullo earned an MBA and rose to director-level positions in corporate marketing. While her career took off, her body was keeping score, and she suffered with chronic pain, TMJ, and reproductive health issues. Cerullo refocused her energy on herself and found a better path through intuitive development and energy healing work, which she now shares with others. She completed her clairvoyant training through Energy Matters Academy as well as her Advanced Female Intuitive Training through Radiant Yin. She is also a certified Jin Shin Jyutsu Practitioner and co-founder of Psychic School, LLC. Corporate Detox private mentorship includes a 75-minute 1-on-1 session every month designed to break up with the version of work that taught you to override yourself. The program also includes access to Dark Moon Energy Work's resource library of curated meditations and energy healings to support the individual between sessions. Individuals are welcome to stay as long as they want the support. A 6-week Corporate Detox: Reset program is also available for those who want to explore this topic in a group setting. Dark Moon Energy Works offers a range of energy healing resources to help people understand and connect with their personal energy field. Kristy Cerullo is a grounded, experienced teacher who uses a combination of meditation, visualization, movement, creative arts, and hands-on techniques to help her clients activate their own self-healing abilities. Cerullo centers ethics and healthy energetic boundaries in her practice, helping people develop a deeper trust in their own intuition rather than looking outside themselves for answers. Based in Basking Ridge, New Jersey, Dark Moon Energy Works helps women both locally and afar. For additional information, visit <http://www.DarkMoonEnergyWork.com>.

Contact Information

Steven Dubin

PR Works

7815821061

sdubin@prworkzone.com

Tag Cloud

[corporate detox](#) [relationships](#) [health](#)

Categories

[Mental Health](#)

Disclaimer

This release was submitted by a Newsbox user.

Any communication related to the content of this release should be sent to the release submitter.

Newsbox-Connectus LLC | newsbox.com

810 Cromwell Park Drive, Bldg D, Hanover, Maryland 21061; 1-888-233-7974 (International 01-

