# Future Electronics Hosts LifeWorks Positive Outlook Webinar for Employees

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#### **Summary**

Future Electronics held a LifeWorks webinar on positive thinking for all employees.

#### Message

Future Electronics, a global leading distributor of electronic components, recently offered a LifeWorks webinar about positivity at their Montreal headquarters.

'Boosting Your Positive Outlook' was part of Future's wellness program, and was open to <u>all employees of Future Electronics</u>, Future Lighting Solutions, and Convergia.

The webinar began by explaining what a "stress whirlpool" is, and how to recognize when one is occurring. It then explored the different ways that negative thoughts work, and how they impact the body. Participants also got the opportunity to develop a strategy for combating negative thoughts and increasing their positive outlook.

LifeWorks is Future's employee assistance provider. It offers Future employees and their immediate families 24/7 access to confidential support and resources to help manage virtually any personal or professional issue, so they can lead a healthier, happier, more productive lives.

For more information about LifeWorks and Future's wellness program, visit https://futureelectronics.lifeworks.com.

**About Future Electronics** 

Future Electronics is a global leader in electronics distribution, recognized for providing customers with global supply chain solutions, custom-tailored engineering services and a comprehensive suite of passives and semiconductor products. Founded by Robert Miller in 1968, Future Electronics has over 5,500 employees and operates in 170 offices in 44 countries around the world. Future Electronics is globally integrated, with a unified IT infrastructure that delivers real-time inventory availability and access to customers. With the highest level of service, the most advanced engineering capabilities, and the largest available-to-sell inventory in the world, Future's mission is always to Delight the Customer®. For more information, visit www.FutureElectronics.com.

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### **Company Statements**

Boilerplate 1

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# **Tag Cloud**

Future Electronics Future Lighting Solutions LifeWorks wellness program positive outlook stress Montreal.

# Categories

**Electronic Components** 

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